Sending Prayers (Areeza)

It is narrated from Imam Abu-Abdullah^{asws}: If one finds his livelihood is heavily curtailed, or is surrounded in severe hardship or is facing unsolvable difficulties or has special wishes for the hereafter, one should write on a white piece of paper (the supplication below) ensuring all the names (of Masomeen^{asws}) are written in one line followed by one's prayers. Place it, at sunrise, in a flowing stream of water (canal/river). ¹:

بسم الله الرحمن الرحيم، الملك الحق المبين، من العبد الذليل، إلى المولى الجليل،

سلام على محمد وعلي وفاطمة والحسن والحسين وعلي ومحمد وجعفر وموسى وعلي ومحمد وعلي والحسن والقائم سيدنا ومولانا صلوات الله عليهم أجمعين رب مسني الضر والخوف، فاكشف ضري، وآمن خوفي، بحق محمد وآل محمد وأسئلك بكل نبي ووصي وصديق وشهيد، أن تصلي على محمد وآل محمد، يا أرحم الراحمين. اشفعوا لى يا ساداتى بالشأن الذي لكم عند الله، فإن لكم عند الله لشأنا من الشأن، فقد مسنى الضريا ساداتى والله أرحم الراحمين، فافعل بى يا رب كذا وكذا

In the Name of Allah^{azwj}, the most Beneficent, the most Merciful, the Lord of the universe and the Truthfuls. I am Your^{azwj} submissive slave and You^{azwj} are my Grand Lord. I send (through You^{azwj}) 'Salam' (peace) to:

Mohammad, Ali, and Fatima, Al-Hassan, Al-Hussain and Ali and Mohamed, Jafar, and Musa and Ali, Mohammad and Ali and Al Hassan and Al Qaem, Who are our chiefs and masters, who are all Allah^{azwj} 's praise worthy and chosen ones. My Lord^{azwj}, please relieve me from fear, and help me from losses and damages, from what I see and from what I do not perceive. For the sake of Mohammad^{saww} and Alay Mohammad^{asws}'s Rights, for the sake of each Prophet^{as}, their successors' behalf including the Truthfuls and the Shaheeds. I pray to You^{azwj} with reference to Mohammad^{saww} and the Muhammad's Family^{asws}, O! The Most Merciful, I ask for Your^{azwj} intercession, The Most Elevated and the most Praised Lord, I have been disgraced by some severe circumstances, difficulties have immensely affected me, O my Lord^{azwj}, my Allah^{azwj}, the Most Merciful, please award me O Allah^{azwj} such and such.....(write your prayers), (Ref. Al-Baladul Ameen, pp. 157)

¹ Al-Baladul Ameen, pp. no. 157, Misbah alKafami, pp. Areeza which Shias mostly used has no reference to Masomeen ^{asws} and may be found on page 402. Al-Baladul Ameen.