

## Daydreaming is an Act of Satan

### **Abbreviations:**

**saww:** - Sal lal la ho Allay hay Wa Aal lay he Wasallam

**azwj:** - Az Za Wa Jalla

**asws:** - Allay hay Salawat Wass Salam

**AJFJ:** Aja Allah hey wa Fara Jaak

**ra:** - Razi Allah<sup>-azwj</sup>

**La:** - Laan Allah<sup>-azwj</sup>

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ، وَ صَلَّى اللَّهُ عَلَى سَيِّدِنَا مُحَمَّدٍ وَ آلِهِ الطَّاهِرِينَ، وَسَلَّمْ تَسْلِيمًا.

In the Name of Allah<sup>-azwj</sup> the Beneficent, the Merciful. The Praise is for Allah<sup>-azwj</sup> Lord<sup>-azwj</sup> of the Worlds, and Blessing be upon our Chief Muhammad<sup>-saww</sup> and his<sup>-saww</sup> Purified Progeny<sup>-asws</sup>, and greetings with abundant greetings.

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ وَعَجِّلْ فَرَجَهُمْ وَالْعَنِ أَغْدَانَهُمْ أَجْمَعِينَ

## Daydreaming is an Act of Satan (Iblis<sup>-la</sup>)

The 6th Imam<sup>-asws</sup> says: 'Keep away from daydreaming for it would remove the gladness with what you had been thinking of, and you would be belittling by it the Gifts of Allah<sup>-azwj</sup> the Exalted which you are enjoying, and the regret would pursue you, and by it would cause concern to yourselves'.<sup>[1]</sup>

أَحْمَدُ بْنُ مُحَمَّدٍ عَنِ الْهَيْثَمِ النَّهْدِيِّ عَنِ عَبْدِ الْعَزِيزِ بْنِ عَمْرِو الْوَاسِطِيِّ عَنْ أَحْمَدَ بْنِ عُمَرَ الْحَلَبِيِّ عَنْ زَيْدِ الْقَتَّاتِ عَنْ أَبِي بَانَ بْنِ تَعْلَبِ قَالَ سَمِعْتُ أَبَا عَبْدِ اللَّهِ (عليه السلام) يَقُولُ بَحْتَبُوا الْمُنَى فَإِنَّمَا تُذْهَبُ بِهَجَةٍ مَا حَوْلْتُمْ وَ تَسْتَصْعُرُونَ بِهَا مَوَاهِبَ اللَّهِ تَعَالَى عِنْدَكُمْ وَ تُعْقِبُكُمُ الْحَسْرَاتُ فِيمَا وَهَمْتُمْ بِهِ أَنْفُسَكُمْ .

Ahmad Bin Muhammad, from Al Haysam Al Hindy, from Abdul Aziz Bin Amro Al Wasity, from Ahmad Bin Umar Al Halby, from Zayd Al Qattat, from Aban Bin Tablugh who said,

'I heard Abu Abdullah<sup>-asws</sup> saying: 'Keep away from daydreaming for it would remove the gladness with what you had been thinking of, and you would be belittling by it the Gifts of Allah<sup>-azwj</sup> the Exalted which are in your presence, and the regret would pursue you, and by it would cause concern to yourselves'.<sup>1</sup>

مُحَمَّدُ بْنُ يَحْيَى عَنْ أَحْمَدَ بْنِ مُحَمَّدٍ عَنْ عَلِيِّ بْنِ الْحَكَمِ عَنْ إِسْمَاعِيلَ بْنِ مُحَمَّدٍ عَنْ جَدِّهِ زِيَادِ بْنِ أَبِي زِيَادٍ عَنْ أَبِي جَعْفَرٍ (عليه السلام) قَالَ إِنَّ التَّمَيَّيَّ عَمَلُ الْوَسْوَاسَةِ وَ أَكْثَرُ مَصَائِدِ الشَّيْطَانِ أَكْلُ الطِّينِ وَ هُوَ يُورِثُ السُّقْمَ فِي الْجِسْمِ وَ يُهَيِّجُ الدَّاءَ وَ مَنْ أَكَلَ طِينًا فَضَعْفَ عَنْ قُوَّتِهِ الَّتِي كَانَتْ قَبْلَ أَنْ يَأْكُلَهُ وَ ضَعْفَ عَنِ الْعَمَلِ الَّذِي كَانَ يَعْمَلُهُ قَبْلَ أَنْ يَأْكُلَهُ حُوسِبَ عَلَى مَا بَيْنَ قُوَّتِهِ وَ ضَعْفِهِ وَ عُدْبَ عَلَيْهِ .

Muhammad Bin Yahya, from Ahmad Bin Muhammad, from Ali Bin Al Hakam, from Ismail Bin Muhammad, from his grandfather Ziyad Bin Abu Ziyad,

(It has been narrated) from Abu Ja'far<sup>-asws</sup> having said: 'The wishful thinking (daydreaming) is an act of the undue concern, and frequently the trap of the Satan<sup>-la</sup> is eating the clay, and it inherits the illness in the body, and accelerates the pain, and the one who eats clay so it would weaken his strength which he had before he ate it, and weaken from the actions which he was doing before he ate it, being seized what is between his strength and his weakness, and would be tormented upon it'.<sup>2</sup>

أَحْمَدُ بْنُ مُحَمَّدٍ عَنِ الْهَيْثَمِ النَّهْدِيِّ عَنِ عَبْدِ الْعَزِيزِ بْنِ عَمْرِو الْوَاسِطِيِّ عَنْ أَحْمَدَ بْنِ عُمَرَ الْحَلَبِيِّ عَنْ زَيْدِ الْقَتَّاتِ عَنْ أَبِي بَانَ بْنِ تَعْلَبِ قَالَ سَمِعْتُ أَبَا عَبْدِ اللَّهِ ع يَقُولُ بَحْتَبُوا الْمُنَى فَإِنَّمَا تُذْهَبُ بِهَجَةٍ مَا حَوْلْتُمْ وَ تَسْتَصْعُرُونَ بِهَا مَوَاهِبَ اللَّهِ تَعَالَى عِنْدَكُمْ وَ تُعْقِبُكُمُ الْحَسْرَاتُ فِيمَا وَهَمْتُمْ بِهِ أَنْفُسَكُمْ

<sup>1</sup> Al Kafi – V 5 – The Book of Subsistence Ch 10 H 7

<sup>2</sup> 266 ص : 6 ج : 6, الكافي ج : 6, H. 6, Al Kafi – V 6 – The Book of Foodstuffs Ch 18 H 6

Ahmad ibn Muhammad has narrated from Al-Haytham Al-Nahdiy, from Abd Al-Aziz ibn Amr Al-Wasiti, from Amad Ibn Umar Al-Halabiy, who from Zayd Al-Qattat, who from Aban Ibn Taghlib who has said:

I heard Abu Abd Allah<sup>-asws</sup> saying: 'Avoid wishing (daydreaming); it destroys the beauty of Allah<sup>-azwj</sup>'s Favours to you and causes to suffer feelings of failure in your daydreaming and what you imagined.<sup>3</sup>

عنه، عن اليقطيني، عن الدهقان، عن درست، عن أبي إبراهيم، عن أبي - الحسن (ع) قال: قال رسول الله صلى الله عليه وآله: إذا ركب الرجل الدابة فسمى ردفه ملك يحفظه حتى ينزل، فان ركب ولم يسم ردفه شيطان فيقول له: " تغن "، فان قال: " لا أحسن " قال له: " تمن " لا يزال متمنيا حتى ينزل.

From him, from Al Yaqteeny, from Al Dahqaan, from Darast, from Abu Ibrahim,

'From Abu Al-Hassan<sup>-asws</sup> having said: 'Rasool-Allah<sup>-saww</sup> said: 'When the man mounts the animal, so he should Name (Allah<sup>-azwj</sup>), and an Angel would ride behind him until he descends. So if he mounts but does not Name (Allah<sup>-azwj</sup>) A Satan<sup>-la</sup> rides behind him, so he<sup>-la</sup> says to him, 'You sing'. So if he says, 'It is not good', he<sup>-la</sup> says to him, 'Desire'. He does not cease to desire (daydreaming) until he descends'.

وقال: من قال إذا ركب الدابة: " بسم الله، لا حول ولا قود إلا بالله، الحمد لله الذي هدانا لهذا، سبحان الذي سخر لنا هذا وما كنا له مقرنين " إلا حفظت له نفسه ودابته حتى ينزل.

And he<sup>-asws</sup> said: 'The one who says when mounting the animal, 'In the Name of Allah<sup>-azwj</sup>. There is no Might nor Strength except with Allah<sup>-azwj</sup>. The Praise is for Allah<sup>-azwj</sup> Who Guided us to this. **'Glory be to the One Who Subjugated this one for us, and we were not capable for it [43:13]**, except that he would have had himself and his animal Protected, until he descends'.<sup>4</sup>

<sup>3</sup> H. 7. الكافي ج : 5 ص : 85

<sup>4</sup> Al Mahaasin – V 2 Bk 6 H 103